Please customize the elements in the following citation according to your own needs.

APA 7th

Lai, Y. (2015, June 30). 賴曄婷小姐分享文章 [Miss Yip-ting LAI shared an essay]. *History Newsletter*, vol. 10, p. 30. In Online Newsletter Database, Department of History, Hong Kong Baptist University. https://hkbuhk.sharepoint.com/sites/PUB_HIST/Shared Documents/HIST public v2/E-newsletter AY 2014-2015/Newsletter_2015.6/10_28_Sharing by Old Friends & Alumni Miss Yip-ting LAI.pdf

MLA 9th

Lai, Yip-ting. "賴曄婷小姐分享文章 [Miss Yip-ting LAI shared an essay]." *History Newsletter*, vol. 10, 30 June, 2015, pp. 30. In Online Newsletter Database, Department of History, Hong Kong Baptist University. https://hkbuhk.sharepoint.com/sites/PUB_HIST/Shared Documents/HIST public v2/Enewsletter AY 2014-2015/Newsletter_2015.6/10_28_Sharing by Old Friends & Alumni Miss Yip-ting LAI.pdf

Chicago 17th

Lai, Yip-ting. "賴曄婷小姐分享文章 [Miss Yip-ting LAI shared an essay]". *History Newsletter*. vol. 10, June 30, 2015, pp. 30. https://hkbuhk.sharepoint.com/sites/PUB_HIST/Shared Documents/HIST public v2/E-newsletter AY 2014-2015/Newsletter_2015.6/10_28_Sharing by Old Friends & Alumni Miss Yip-ting LAI.pdf